

## ***From the Alps Italian until the seafont (2<sup>nd</sup> Part)***

*from Guy Sahri ©*

We are now in second part of this interview. Always simple and available, Aldo Lubes only seeks peace and respect in Martial Art. Far from drawing any glory, he prefers to relativize; is not humility mark of great? Characters affable, with a certain sense of humour, Aldo Lubes explain me that today a « good practitioner, is that one who understood in what direction his job takes him »... He embodies everything we want to convey. Able to surmount obstacles and to give best of himself to achieve his objectives, he symbolizes all that made him a mere practice on top: participation and search of excellence. Meeting with history ...

**Guy Sahri: What do you think of current structure of Karate in South America and particularly in Brazil?**

**Aldo Lubes:**

*What was done was difficult. Profile of leader must be a Karateka who has traveled path of Karate fairly and with respect and include responsible people. Real Karateka likes fighting and really does not like making policy. But if he wants to change this kind of things and if it wants a prosperous future for younger generation, he must continue to fight. If he cannot do it on tatami, he must take a « politically correct » position and fight against injustice, especially when it occurs. Otherwise we will always see « Magicians » with their very beautiful speeched, but really with a dirty business. If by chance you are the least bit dishonest they will promise you a few Dan – don't be surprised, that already happened – and if you agree, vice is closing!*

*Some leaders do not even know what that means, except for a few who also showed a certain cowardice not responding to abuses made by Confederação Brasileira de Karatê – CBK. I believe that behaviour of former leaders and teachers has a real influence in training of young people. I am saddened to say that these people do not see beyond their small world, their small successes obtained by means of political method... They think only of themselves and not of future of Karate which one day will be represented by these young people in educational principles of Karate with bad example of their leaders. Karate develops a defense against all attacks and against oneself by virtue of its fundamental principles. Karate does not teach how to defend lies of people who say that Martial Art consist in taking advantage of innocence and weakness of many of our practitioners. True practitioner of Karate follows « way of empty hand » if we can present it this, and is not accustomed to this type of behavior used at end in itself. At time of military dictatorship in Brazil, I was military instructor for several years and one of them often repeated: « O guerreiro é duro que nem macarrão, depois que entra na panela amolece »...*

### ***« Karate practiced by Brazilians... »***

**Guy Sahri: Do you think there is a « Brazilian school » of Karate as in Japan, Europe, especially Italy, France, Spain and England?**

**Aldo Lubes:**

*In sporting Karate, mainly Kumite, since adoption of new Competitive Regulations, because of its cultural aspect a school of Karate specific country can develop. Karate remains Japanese culturally. In Brazil, some athletes train to Capoeira but gives no right to fight in Karate. Fights must be in*

*conformity with their countries of origin so far as impregnate their way of thinking without losing their identity. It's the same for Karate practiced by Brazilian, but not a Brazilian Karate, just as we will never have a French Capoeira or Brazilian Savate... (Laughters)*

### **« It seems that went... »**

**Guy Sahri: Italy is World Champion in Kata team and individual with Lucas Valdesi, that do you pleasure?**

**Aldo Lubes:**

*At World Championship in 1998 organised by World Karate Federation - WKF in Brazil in Rio de Janeiro, I had the opportunity to meet National Technical Director of Federazione Italiana Judo Lotta Karate ed Arti Marziali – FIJKAM, Mr. Pierluigi Aschieri. He said me that katas in Italy were included in training of Rhythmic Gymnastic and separated from athletes Kumite. It seems that went! In fact, aesthetically Katas are beautiful, but to my mind, wrong. I think they lose their martiality especially Bunkai which are excessively theatrical and do not reflect reality of situation...*

### **« Karateka of whole world... »**

**Guy Sahri: Will you continue to organize great training courses?**

**Aldo Lubes:**

*Yes, as I have my PhD in physical education. Today I am retired from Federal University of Parana. I organize many courses of University extension inviting colleagues, experts from various sporting fields as lecturers, experts in fitness, psychological preparers, sophrologues, emergency rescue workers, teachers Karate coming to quite courses Kihon, Kata, Kumite and arbitration. I even directed several International training of Karate in South America and even in several states of Brazil, but mainly in my state when it is proposed to me. My Dojo is visited by many Karateka practitioners of whole world to train and always learn something more. Many of them are different from my style...*

### **« They must cultivate and practice... »**

**Guy Sahri: With age one acquires wisdom and a more just open mindedness on the world. What do you think this subject particularly as concerning Martial Art?**

**Aldo Lubes:**

*(Smile)... In first live, then philosophize. I do not know if I already lived quite enough to philosophize about the world! I think we have two worlds. Our private world and world around us. On my personal world I can intervene to be happier, bring a reflection on positive values by ignoring negative points as envy and hatred. After all, as saying goes « águas passadas não movem moinho – dogs barking caravan moves on ».*

*In the world around us, I cannot do much because I am only one grain of sand in desert or a drop of water in sea. What I change is very little compared to changing world. In our external world those who come to me I can perhaps give them example in attitude, spirit of Karate. When I have opportunity to make opening of Karate Championships, I often tell young participants the best way to be winners is to cultivate and practice not only « Tsuki » or « Keri », but character, sincerity, respect, persistence, self-control and humility. Martial Art, especially Karate, remains an excellent way of improving individual. Code of ethics of former Japanese warriors is not as anachronistic as it sounds. It is similar to old medieval code of knights cultivated in regional festivals in Europe. But why only in festivities? Why not this behavior on a day-to-day? I think it is principle of education which must be perpetuated in consideration of times we live in. These are values of life and part of our heritage.*

### « Official recognition of Law... »

**Guy Sahri:** In France, passages of graduation are governed by Commission of Specialized and Dan Grades Equivalents – CSDGE of Fédération Française de Karaté et Disciplines Associées – FFKDA in front of law N° 2000-627 of 6 July 2000 related to organization and promotion of physical and sports activities of Code of Sport. What do you think about it?

**Aldo Lubes:**

*I think it is a great success of Fédération Française de Karaté et Disciplines Associées – FFKDA having fought to get French Law official recognition of Dan and Grades equivalent. I do not know full code of Sport and French enough to express a formal opinion on this incredible advanced...*

### « This extraordinary feeling of solidarity... »

**Guy Sahri:** For 4 years French Karate has been officially opened to Handicapped, could you tell us whether CBK followed in this voice?

**Aldo Lubes:**

*In Brazil, in certain places, particularly on some teachers' initiative there are courses of Karate for Handicapped Down syndrome without any specialized accompaniment. Confederação Brasileira de Karatê – CBK has never been interested in organization of National Championships. This would mean too many taxes of competition and specialized registers of graduation especially Dan. Obviously all these taxes will have to be transferred to organization and development of Handicapped Karate as required by Law, but this is not case. Confederação Brasileira de Karatê – CBK is limited to private affairs of its president. The way Confederação Brasileira de Karatê – CBK is managed today unfortunately it has no interest in this extraordinary feeling of solidarity towards these people who need assistance...*

### « Maybe in future... »

**Guy Sahri:** As part of a social rehabilitation by Karate, Fédération Française de Karaté et Disciplines Associées – FFKDA organizes in prisons training of teachers. Do you think that one day CBK could have idea of such a project in Brazil?

**Aldo Lubes:**

*With regards to teachers of Karate for rehabilitation of prisoners, it is a complicated and delicate subject. Europeans prisoners are different from those of developing countries. Here there are prisons with 1000 prisoners, up to 1500 where there are only 100 places and treatment is one of worst. With difficulty are those recoverable. There are plans, Organizations and private Social Association which work with prison governors in partnership with professors from various sporting disciplines including Karate and Judo. All is under private control and sporadic, which has little influence... Today, Confederação Brasileira de Karatê – CBK has no interest in Social, no! Maybe in future with another administration that could be put into practice...*

### « That's what I want... »

**Guy Sahri:** Karate in the world; soon Olympic or not?

**Aldo Lubes:**

*Olympic Karate is dream of every Karateka athlete and all those who are part of Karate, but this is a very complex subject. I think that representatives of different styles are wrong with loss of a martialité of Karate in state to become Olympic Sport. In sports regulations in Kumite, we note that*

*many techniques are not allowed because it's dangerous. Dojo will continue to provide traditional side of Karate and styles will not be affected by inclusion of Karate as Olympic Sport. Quite contrary, I believe that number of followers will increase to be at the Olympic Games which are the world sport window above all else. Now, fighting for Olympic Games are many, Karate should present another regulations. Thinking head of World Karate Federation – WKF will have to be careful not to fight over. I do not think Kata will be accepted. It could serve as an opening rather than competition. I already gave my opinion about this subject and I reaffirm what I think it is a question of style. In my opinion, Kumite should be present in a team and not individually. Other martial fighting are presented individually. It is clear that number of medals is large with fighting in Kumite. By team in its practice among five for men and three for women fighting remains individual. Question is how we could do to increase the number of medals?*

*Let us imagine that for a Final by team result is three to two (3/2). That which has three victories is winning team with gold medals and two medals for losing team. Team should be made of champions of each category and medalists would be added to participating countries. But with foundation of World Karate Federation – WKF Karate made great progress in unification; divisions and political divergences persist because of styles. Each style has its traditions which must be respected. In common, all we want development of citizen in good health with a sound mind in sound body. I hope my suggestion will make which them think, because that is what I want. In the meantime I continue my path which must have been traced by someone; I do not know who but it remains a good way... (Laughters).*